



**Natural Health Center**  
PROFESSIONAL HOLISTIC PRACTICE

## **EAR CANDLING**

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Date of Birth \_\_\_\_\_

1. What do you hope to achieve from your ear candling experience?
2. Do you have ear tubes, perforated ear drums, or artificial ear drums?  
Yes No *please indicate*
3. Do you have any specific problems with your ears?
4. Are you under the care of a medical physician for any related problems, if so what?

The origins of Ear Candling are unclear although it has been noted as an ancient technique. When the Europeans first come to North American they reportedly found Native people including the Hopi tribes using ear candling as a healing method. Some sources say ear candling (coning) came from China and ancient Egypt.

Ear Candling has become very popular in recent years. Many people claim that the process is effective in removing old and troublesome blockages from the ear canal while cleansing the ear canal and sinus passages through a process known as "convection". Supposedly, softer waxes and toxins may be drawn out of the ear, oxidized and turned into vapors during the procedure. Some people also claim that ear candling also improves mental clarity, energy and a sense of well being. Although Natural Health Center does not make any specific claims about this alternative therapy, many people state that they have had very positive experiences and great results from ear candling here. It is not Natural Health Center's intent to treat, diagnose or offer medical advice about any specific ear conditions.

I, \_\_\_\_\_ understand that ear candling is not intended as a medical treatment or cure and should not take the place of medical treatment. Natural Health Center and therapists employed by NHC make no medical claims about the ear candling process. NHC therapists do not diagnose or treat specific medical problems and NHC and it's therapists will not be held responsible for any problems occurring before of after the ear candling process.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
therapist signature